
EQUIP COACHING FRAMEWORK

Individual coaching sessions

customised for your situation

We are.
LGNZ.
Equip

Equip Coaching Framework



Purpose

To provide individual coaching sessions to elected members to enable their effective representation of their ward or city and govern in the interests of the community as a whole.

Coaching supports the implementation of identified outcomes.

Coaching outcomes

These will be customised to suit the individual and/or council situation.

Coaching programme format

An initial conversation with the Mayor/CE or governance advisor to accurately scope the issue and identify if a group or a series of individual interventions is required.

For group situations, an initial council workshop will be provided to share or build best practice, followed by coaching sessions to support the council's ongoing delivery.

Potential structure (can be customised to suit)

- > First conversation to define issues and format, and identify if a group or individual solution is required.
- > Face-to-face initial group or individual session:
 - » Either an in-house group workshop to build practice and relationships; or
 - » An individual face-to-face session to build practice and relationships.
- > Identification of coaching goals and agreement to proceed to individual coaching sessions via Skype or Zoom digital media.
- > Ongoing coaching sessions as agreed.

Coaching programme format

Individual coaching programme (for on person)	Group coaching programme
<ul style="list-style-type: none"> > First conversation to define issues and format. > Face-to-face initial in-house individual session (2 hours) during which identification of coaching goals and agreement to proceed to individual coaching sessions via Skype or Zoom digital media is achieved. > Ongoing coaching sessions. <ul style="list-style-type: none"> » Amounts provided as agreed. 	<ul style="list-style-type: none"> > First conversation to define issues and format. > Group workshop to build practice. > Identification of coaching goals and agreement to proceed to individual coaching sessions via Skype or Zoom digital media (0.5 hours per person). > Ongoing coaching sessions. <ul style="list-style-type: none"> » Amounts provided as agreed.
Price: \$545.00 + disbursements + coaching time.	Price: \$5145.00 + disbursements + coaching time.
Coaching: \$195.00 per hour. Agreed via monthly retainer amount.	Coaching: \$195.00 per hour. Agreed via monthly retainer amount.